Sarah rises to the challenge to confront COVID-19

BY NORA TORN

By March 15, Ghana had six confirmed cases of COVID-19. That evening, the President Nana Addo Akuffo-Addo addressed the nation about a series of measures related to preventing the spread of COVID-19. Two weeks later, many businesses were spread by community transmission, the President again addressed the nation to announce a lockdown to stop the spread.

There were so many uncertainties. Sarah Barnie had spent the last 15 years running her own small hairdressing business and had added electric sewing machines to her salon, which had been doing well over a period of time. Sarah was able to weather the storm from her shop, but with the lockdown, her livelihood had been disrupted.

As the government imposed lockdowns and social distancing measures, Sarah observed medical personnel on the front lines. She saw how they were doing it. She was inspired to join the fight against COVID-19.

Over time, Sarah was able to achieve the confidence she needed to adapt to find ways to see how she was doing. They discussed precautions she could take in her community to maintain especially in areas of significance. However, masks were in short supply, and without them, her community’s health was at risk.

As one of the most enterprising women in her community, Sarah had learned how to make reusable Days for Girls kits. She had sewn to help produce masks.

When sewing Days for Girls kits, Sarah encouraged others to participate. She felt that it was important to sew masks at the time. It was unclear how much time these masks would be used.

For her community’s health to be protected, masks had to be used properly. Health organizations referred to the Global Health Organization guidelines for how her office will operate. The term lengths above reflect basic membership fees.

A collection of masks that Sara Barnie, a young woman who has worked with Self-Help International, has sewn to help the community. There are several reasons why masks are needed in her community.

- To prevent the spread of COVID-19.
- To protect healthcare workers.
- To protect vulnerable populations.

Sarah Barnie, a client of Waverly-based Self Help International, has sewn to help her community produce the masks.

The idea to sew masks has helped her business grow. She could ensure that her clients could properly use the kit that went beyond simply teaching them how to sew masks. The kit included instructions on how to use the kit properly. It included guidelines for how her office will operate.

- To protect healthcare workers under different circumstances.
- To protect vulnerable populations.

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As the Bremer County officials prepare to unlock the county’s economy, Sarah Barnie, a resident of Readlyn, is preparing to reopen her business.

Sarah and her husband have worked hard to help their community survive this global pandemic. They rose up from that power surge, which killed some of their neighbors. Despite the crippling grief, she found a new purpose.

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